



Challenge: Seed Paper!

Here's a challenge based on the idea from our friends at Kent CU! Seed paper is simple - paper with seeds embedded into it. When this paper is placed in soil and watered, it will germinate and begin sprouting seedlings. Eventually the paper will decompose and leave the seedlings to grow into mature plants. It's simple to make, a great way to recycle, and can even be used as invitations, birthday cards, or other crafts with a gardening or flower theme. So, roll up your sleeves and get ready to make seed paper!

You will need:

- White paper (newspapers, receipts, junk mail, anything not glossy)
- Seeds
- Hand blender
- Cling film or greaseproof paper
- Cookie cutters (optional)
- Something to cover the table with!

Step 1: Tear your paper into small pieces and soak in hot water for 10-15 minutes. Then blend the water and paper mixture until you reach a pulpy consistency. Squeeze the mixture gently and remove as much water as you can.



Step 2: Then you can add your seeds. Give the mixture a good stir round with your hands or a spoon so the seeds are well-mixed. You could even add in some dried flower petals or maybe some dried herbs?

Step 3: Lay out a piece of cling film or baking paper onto a flat, covered surface and pour out your paper mixture.

Step 4: Gently spread it out as thin as you can (this will help it to dry faster!). If you want your seed paper to be in shapes, now is the time to use cookie cutters to cut out the shapes you wish.

Step 5: Leave your seed paper somewhere warm to dry. You can gently blow it with a hairdryer on a cool setting to speed up the drying process.

Step 6: How will you use your seed paper? Create plantable gift tags, cards? You can even write on the paper, so why not write about your memories of someone you love or someone you miss, then plant the paper and watch it grow into your beautiful memories!



Which skills will I be developing?

Main



Additional



Skills Builder
PARTNERSHIP

